



THE GOOD NEWS

Growing in Christ together through worship,
fellowship, ministry and stewardship.

January 2019

Episcopal Church of the Good Shepherd

715 Kirkman Street

Lake Charles, Louisiana 70601

Voice 337.433.5244 Fax 337.439.8728

Email church@goodshepherd-lc.com

Web www.goodshepherd-lc.com

Monday: 8 a.m.– Episcopal Day School-Chapel

Holy Eucharist

Sunday: 8:30, 10:30 a.m. in the Church & 5 p.m. in the Chapel.

September-May

Thursday: 2 p.m.– Episcopal Day School-Church

Holy Eucharist & Healing Service

Wednesday: 12:05 p.m. With unction in the Chapel

BISHOP OF WESTERN LOUISIANA

The Right Rev. Jacob W. Owensby, Ph.D.

ASSISTANT PRIEST-*The Rev. Jim Lueckenhoff*

RETIRED PRIEST-*The Rev. Petroula Ruehlen*

HEAD OF SCHOOL

Bishop Noland Episcopal Day School

The Rev. Frances "Boo" Kay

PARISH SECRETARY- *Margie Collins*

FINANCIAL SECRETARY/

OFFICE MANAGER- *Ann Lindsay*

MUSIC MINISTRY-*Pam LeBlanc*

CHOIR DIRECTOR- *Lamar Robertson*

EDS Epiphany Pageant

January 11, 9:30 and noon.

COR presents Annette Tritico

January 29, 10 a.m.

Dear Good Shepherd,

Happy New Year! If your newsletter is late, it is my fault. I forgot as Senior Warden, one of my responsibilities is to write an article for the monthly Newsletter. I was reminding others to get information to Margie, for the newsletter, but I did not realize I should be writing to my fellow Parishioners and friends.

I have enjoyed reading Father Jack's monthly messages. His writing always captures such spiritual thoughts. I will not even attempt such an undertaking. My thoughts are focused on what is ahead for Good Shepherd in 2019.

We will be embarking on the necessary steps to call a new rector. This is a time of anxiety as well as anticipation. Will our new priest be young, old, married, maybe have children? We will all be asked to look inward, at our spirituality.

It is in our relationship with God and with each other where we find our common life. By making our search for a new priest about relationships, then personal agendas don't matter. Look for a person you can walk with on your journey in Christ. Look for someone with whom you can be in a relationship, whether you agree on every point or not. Look for someone you can trust in the sacramental and pastoral life of this congregation. Look for someone you are willing to support, to see that this congregation is successful in its ministry with

(Continued from page 1)

Christ. I ask each of you to step forward, to volunteer in some way to participate in the process for a new rector. Let's all join together, whatever it takes, to be successful in its ministry with Christ, to share our faith and unite our church.

In the next few weeks, you will be asked to volunteer your talents to help with this process, in some way. Step up, be a part of Good Shepherd. You will find the feeling of satisfaction and being close to God very rewarding.

There will also be a web based survey for all members to complete. Share your thoughts, help the search committee become focused on the needs of the church. Together we will grow our spiritually and love for each other.

Becky Watson, Senior Warden



Prayer for Guidance in our search

Almighty God, giver of every good gift: look graciously on this parish, and so guide us in our search for a rector that we may receive a faithful pastor, who will care for your people and equip us for our ministries. Teach us in all things to perceive what is right and grant us both the courage to pursue it and the grace to accomplish it. Grant us all things necessary for our common life and bring us all to be of one heart and mind within your Holy Church, through Jesus Christ our Lord. Amen.

Rosewood Nursing Home Ministry 2019

| Eucharist | Lay Lead | |
|----------------------|--------------------------------|------------|
| Jan. 4 th | 18 th | (Anita) |
| Feb. 1 st | 15 th | (Ellie L.) |
| Mar. 8 th | 22 nd | (Ellie M.) |
| Apr. 5 th | 19 th (Good Friday) | (Anita) |
| May 3 rd | 17 th | (Ellie L.) |

Join us the first and third Fridays of the month for worship and fellowship with the residents of Rosewood Nursing Home. We worship, we sing, we pray and we enjoy sharing stories and our lives with the elderly and infirm. Be that ray of sunshine that fills someone's heart today!

Sign up for FLOCKNOTE by visiting our church at : flocknote.com/GSLC or text: **GSheep to 84576** from your phone to subscribe to updates.

Questions:

marwhelan@me.com or txt
337-540-4128

Contributions by Credit Card

Based on our Annual Budget it takes almost \$2000.00 /day to run Good Shepherd. We don't talk about it that much but the Offertory, when we bring forward our offerings of bread, wine and money is a big deal, spiritually and materially! What if you forgot your check book or only have a few dollars in your purse or wallet? Not to worry, Good Shepherd now takes plastic! You can make your donation in Hardtner Hall after each service. If you'd like to be trained to help handle donations speak with Ann Lindsay today.

Deadline for the February newsletter will be January 15. View on-line at www.goodshepherd-lc.com

SAVING THE BEST UNTIL LAST– Chateau du Lac

The October 25th Birthday Party at Chateau du Lac was AMAZING! Why? Because you cared enough to donate refreshments, door prizes, money to purchase gifts and the most precious gift, your time, smiles and friendship. More than 80 residents had a fabulous time. The McNeese Cowgirl Basketball Team added their special sparkle and worked to serve food, clean up, pass out gifts and door prizes. The residents really love those girls; we do too! And thank you to **Robin Theriot Domingue** who donated 70 ball caps. Two residents, Dianne and Brenda, passed them out as guests arrived and became the most popular ladies at the party.

So...Thanks to the Tourist Bureau for providing name tags...to **Charles Dalglish** for posting the invitations on all 200 apartment doors...to **Petroula and Jerry Ruehlen, Bryan Storozyszyn, Anita Luff and Becky Watson** for helping with refreshments..to **Libby Schneider, Jan Ware** and everyone who dropped door prized items in “the box” ...to **Coral and Ron Jones** for their cash donation..to Shepherd Staff for guiding this ministry...to the Staff for their support...and to the McNeese Cowgirls, **Melissa McHenry, Anne, Eddy and Jimmy Phillips, Anita and Bill Luff, Jane and Bryan Storozyszyn and Wade Shaddock** for hosting.

What does the future look like for Chateau du Lac Outreach at Good Shepherd? It **needs a new leader. If anyone is interested in guiding this ministry, please get in touch with me. I want to help you get started; I have detailed descriptions of what has been done in the past. New ideas would be fantastic.**

Until someone else comes along, I will continue to deliver household items, clothing, linens, etc. which you place in “the box.”

This has been an interesting journey. Many of our original friends have moved away or gone to live with God. The opportunity to serve God in this place has enriched my life spiritually. And it was fun! Thanks for your support.

PEACE and JOY, **Missy Shaddock, 439-9737**

BOOK SALE: WE NEED VOLUNTEERS TO HELP SORT BOOKS ON MONDAY MORNINGS AT 9:30 A.M. IT'S A FUN WAY TO START THE WEEK! Bring a friend to help!

Adult Education



"The Upper Room ..."

Join us Sunday Mornings at 9:30 a.m.
New Study begins January 6

Eternity Is Now in Session: A Radical Rediscovery of What Jesus Really Taught about Salvation, Eternity, and Getting to the Good Place with John Ortberg

A 5-session journey to discover what it really means to be "saved."

For Christians, perhaps the deepest expression of what we're waiting for is found in the phrase "eternal life." But what is eternal life? Why do we want it? And how do we know if we have it?

In the *Eternity Is Now in Session DVD Experience*, bestselling author John Ortberg takes you on a radical journey of rediscovery, dispelling the myth that eternal life is something way out in outer space that we can only hope to experience after we die. Instead, John unpacks the reality that the moment we trust Christ, we are initiated into "eternal living" with God as a here-and-now reality, one that will continue beyond our life on this earth. We can truly know God, experiencing His presence, favor, and resurrection power right here on this earth--in the details, tasks, and challenges of daily, ordinary life.

And as we begin to know God this way, we'll realize each moment of our lives is a vehicle to the eternity we've been longing for all along.

milestones

Deaths: Patricia Minaldi; Mildred Abraham, mother of Suzanne Reeves, grandmother of Abe and Jake; **Bonnie Vaughn; Glenn Broussard**, husband of Angela Daley Broussard, step-father of Maddie; **Darem Bulloch**, mother of Carson Lognion, daughter-in-law of Gail Lognion, sister-in-law of Denise & Dennis Morrell and **Jim Reaves**, husband of Caroline, father of Jamie and Elizabeth. May they rise in Glory and rest in peace and may light perpetual shine upon them.

Marriage: We give thanks for the marriage of Grace Stulb and Chase Breaux.

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- **Ladies Lunch Bunch– January 17, 2019, 11:30 a.m. at Big Daddy's.**

Father, I receive, welcome and acknowledge each of my children as a delightful blessing from You. I speak your blessings upon them and over them.

Children, I bless you in the name of Jesus, proclaiming the blessings of God, my Redeemer, upon you. May He give you wisdom, a reverential fear of God, and a heart to love.

January 2019 Calendar

Tuesday, January 1— New Year's Day

- Church office closed.

Wednesday, January 2

- Men's Breakfast at Big Daddy's, 7:30 a.m.
- Bible Study, 10 a.m.
- † Healing Service and Holy Eucharist, 12:05 p.m.
- Wednesday Night Study Group, 6:30 p.m.

Thursday, January 3

- Chancel Choir rehearsal, 6:30 –8 p.m.

Friday, January 4

- Rosewood Nursing Home ministry, 10 a.m.

Saturday, January 5

- AA in Outreach House, 10 a.m.

Sunday, January 6 – breakfast by Road Kill, 9:30 a.m.

- † Services 8:30 a.m. & 10:30 a.m. & 5:00 p.m.
- Adult Christian Ed., 9:30 a.m.
- Children's Sunday School, 10:30 a.m.

Monday, January 7

- † EDS Chapel, 8 a.m.
- Study Group— 11:30 a.m.-1 p.m.

Wednesday, January 9

- Bible Study, 10 a.m.
- † Healing Service and Holy Eucharist, 12:05 p.m.
- Wednesday Night Study Group, 6:30 p.m.

Thursday, January 10

- Chancel Choir rehearsal, 6:30 –8 p.m.

Friday, January 11

- EDS Epiphany pageant, 9:30 a.m. & noon

Saturday, January 12

- EDS Chess Tournament in the gym, 8 a.m.-5 p.m.
- AA in Outreach House, 10 a.m.

Sunday, January 13-breakfast by Broken Yokes, 9:30 a.m.

- † Services at 8:30 a.m. and 10:30 a.m., 5 p.m.
- Adult Christian Ed.—9:30 a.m.
- Tend My Lambs Meeting-Topic: Fish Fry for Haiti, 9:30 a.m.
- Children's Sunday School, 10:30 a.m.

Monday, January 14

- † EDS Chapel, 8 a.m.
- Study Group, 11:30 a.m.—1 p.m.
- St. Cecilia's Meeting, 6 p.m.

Tuesday, January 15

- COR meeting, 10 a.m.

Wednesday, January 16

- Bible Study, 10 a.m.
- † Holy Eucharist and Healing service, 12:05 p.m.
- AA in Outreach House, 6:30 p.m.
- Wednesday Night Study Group, 6:30 p.m.

Thursday, January 17

- Ladies Lunch Bunch, 11:30 a.m. at Big Daddy's
- † EDS Eucharist, 2 p.m.
- Choir Rehearsal, 6:30—8 p.m.

Friday, January 18

- Rosewood Nursing Home ministry, 10 a.m.
- Camp Hardtner Happening weekend

Saturday, January 19

- AA in Outreach House, 10 a.m.

Sunday, January 20— breakfast by Muy Calientes, 9:30 a.m.

- † Services 8:30 a.m. & 10:30 a.m. & 5:00 p.m.
- Children's Sunday School, 10:30 a.m.

Monday, January 21— Martin Luther King, Jr. Day

- Church office closed

Wednesday, January 23

- Bible Study, 10 a.m.
- † Holy Eucharist and Healing service, 12:05 p.m.
- AA in Outreach House, 6:30 p.m.
- Wednesday Night Study Group, 6:30 p.m.

Thursday, January 24

- † EDS Eucharist, 2 p.m.
- Choir Rehearsal, 6:30 p.m.

Saturday, January 26

- AA in Outreach House, 10 a.m.
- Walker/Fox wedding, 5 p.m.

Sunday, January 27

- Services at 8:30 a.m. and 10:30 a.m., 5 p.m.
- Adult Christian Ed., 9:30 a.m.
- Children's Sunday School, 10:30 a.m.
- ANNUAL PARISH MEETING, 11:30 A.M. AND LUNCH

Monday, January 28

- Building & Grounds meeting, 11 a.m.
- Study Group, 11:30 a.m.-1 p.m.

- Finance meeting, 12 noon
- Vestry meeting, 5:30 p.m.

Tuesday, January 29

- COR Conference– Annette Tritico, 10 a.m.

Wednesday, January 30

- Bible Study, 10 a.m.
- † Healing Service and Eucharist, 12 noon
- Daughters of the King meeting, 1 p.m.
- AA in Outreach House, 6:30 p.m.

Thursday, January 31

- † EDS Holy Eucharist, 2 p.m.
- Choir Rehearsal, 6:30 –8 p.m.

A Note from Father Jack

Dear Good Shepherd Family -

Thank you so much for an incredible "last Sunday" and for the wonderful party, Words & Pictures of Remembrance, and generous, generous, generous check.

Being a clergy person has been so wonderful! To be invited into people's lives when they have their greatest celebrations and most tragic events is a great privilege. To be allowed to stand before them and speak about life and the Kingdom is also an inspiring trust. To love and comfort and to be loved in return is a balm to one's soul which is priceless. And then, to realize how much you are appreciated back - well, you simply don't realize it!

Thank you all for your support and friendship and for joining together as a beautiful slice of the Body of Christ in Lake Charles. Please know that our love and prayers are with you all as we move on to our new ministry call. You have been our people and our home for a long time and we will be forever affected by you.

Continue to come together to worship God, build one another up in our most holy faith, and love, care and protect each other.

We love you and we pray for you,

Jack & Joan Myers

The Myers: Saint Mark's Episcopal Church, 2200 Avenue E, Bay City, TX 77414

Home Address will follow (not positive about it) Phone numbers are the same



Episcopal Day School Science and Social Studies Fair Winners!
Congratulations: Catherine, Flora, Chalkley and Rachael!



Ladies of Good Shepherd and St. Michael and All Angels Church prepared gift bags for the residents of Rosewood Nursing Home.



Bell ringers for the Salvation Army



SALVATION ARMY BELL RINGING

Thank you to those who signed up to ring the bell on Friday and Saturday December 7th and 8th. **Dave McCarty, Lucie & Phil Earhart, Becky Watson and Susan Ardoin, Sara and Jeff Bass, Virginia Webb, Debbie & Kent Howrey, Henry & Rachael Riquelmy, Donna Little, Stuart Weatherford, Bill & Anita Luff, Joshua Holton, Elaine Cameron and Mason and Ann Lindsay, Holley Kelly and Declan Kelley, Joe & Mary Richardson. Laura Leach & Annette Ballard**

*Thank you **Denise Morrell** for coordinating the Salvation Army Angel tree for us once again. Thank you to all for your gifts:*

Monday Study Group, Phil & Lucy Earhart, Ben & Emily Williams and Family, Jenny & Claude Leach, Rebekah & Jay Winters, Brett & Cherié Cascio, Jackie & Mike Carleton, Kay House, Brigitte & Tad Martin, Cammie & David Olney, Morgan, John and Carson Thielen, Susan & Wayne McElveen, Dave & Glenda McCarty, Mary & Joe Richardson, Chelsea Dean and Ross Raley, Deputy Alex Zaunbrecher and Keith & Janie Duplechin.

St. Cecilia's Guild
2019 6 p.m.

January 14

February 11

March 11

April 8

May 13

Bonjour et Bonne Année!

We are up and going again as we begin plans for Tend My Lambs' annual FISH FRY FOR HAITI. The Auction and Fish Fry will be on Friday, March 15th the second Friday in Lent this year, a change from our usual 1st Friday in Lent date.

Start thinking about auction items you could contribute to help keep our mission school educating our children in Bégin, Haiti. Que le Dieu vous bénisse!

God's Blessings! Glenda Cormier Williams and Tend My Lambs Team.



Happening #57, Grades
9-12, January 18-20,
2019

CLEY High School Retreat,
Grades 9-12, March 22-
24, 2019

All programs will be held at the Hardtner Camp and Conference Center.

ANNUAL MEETING- JANUARY 27, 2019

During our Annual Meeting we will review our finances, elect a new class of Vestry Members, and a new class of Delegates to Diocesan Convention.

In order to accomplish these duties smoothly in January we need to do three things NOW.

1. Complete your 2018 pledge and make your pledge for 2019.
2. **Nominate an interested person for vestry.** The Nomination Committee will bring forward a slate of at least three (3) CANDIDATES FOR VESTRY. If you know someone or if you yourself are interested in serving on Vestry, **sign up on the Vestry Nomination Sheet*** posted on the kiosk in Hardtner Hall or give the name to one of the Nomination Committee members.

Nominate persons to serve as Delegates to Diocesan Convention. Delegates to convention help elect persons to various diocesan posts and debate and vote on various resolutions regarding the future direction and policies of our Diocese. A Delegate Nomination Sheet* can also be found on the kiosk in Hardtner Hall

Vestry Nomination Committee: Becky Watson, Mason Lindsay, Henry Riquelmy, Susan Ardoin

Qualified Voters at The Parish Annual Meeting shall include:

"All communicants (baptized members) in good standing of Good Shepherd Parish, who shall have attained the age of 16 years of age who shall have been contributors of record toward the support of said Parish during the period of one year next preceding such election, of which the Treasurer's books shall be the only competent evidence" (from Western Louisiana Customary)

NOMINEES for Vestry 2019

Susan Ardoin

Mike Carleton

Charles Dagleish

Martha Hoskins

Jenny Leach

Short biographies are available in the church office.

NOMINEES for Delegate to Convention 2019

Martha Hoskins

Ann Lindsay

Martha Whelan

Short biographies are available in the church office.

Good Shepherd

We need your help and participation !!!

- Be on the lookout for **"HOLY COW"** (our congregational assessment tool) to be launched the week of **January 14, 2019**
- **Update your cell phone number and email** for every member of our household! Use the form provided on Sunday or contact the church office.
- **Be watching your email for the digital survey to complete and return to Holy Cow.**

Your participation in these activities will assist in the calling of our next rector. Everyone is important in this process!

Almighty God, giver of every good gift: Look graciously on your Church, and so guide the minds of those who shall choose a rector for this parish, that we may receive a faithful pastor, who will care for your people and equip us for our ministries; through Jesus Christ our Lord. AMEN.

January Birthday & Prayer Calendar

| | |
|--|--|
| 1 Tracey Barbe, Chloe Solari | 17 Buddy Spiller |
| 3 Kay House, Fred Bennerscheidt | 19 Heather Kelley |
| 4 Brody LeBlanc | 21 Robert Gayle, Shirlene Clark, James David Allen |
| 5 Bob Rumsey, Melissa McHenry, Barham Todd | 23 John Dalgleish |
| 6 Isaac Mouhot, Lily Mouhot | 24 Charles McAdon, Brennan Ash |
| 7 John Shipman, Jennifer Jones | 25 McKenzie Olsan |
| 8 Clayton Davis, John Richards | 26 Randy King, Amanda LeBlanc |
| 10 Heather Lindsay | 30 Dolores Ward, Tyler Vincent, Cecile Girard |
| 11 Anita Sanders, Jason Fruge | 31 Susan Ardoin |
| 12 Mary Werner | |
| 14 Geralyn Davis | |
| 15 Bill Luff, Megan Grubb | |
| 16 Betty Emerson, Brigette Martin | |



Pray One For Another -James 5:16

We are honored to pray for you but we would also love to know when you are well. Please call us and tell us when we can say "Thank you Lord!"

Prayers are asked for: people suffering due to hurricanes, drought, flooding, tornados, fires and earthquakes.

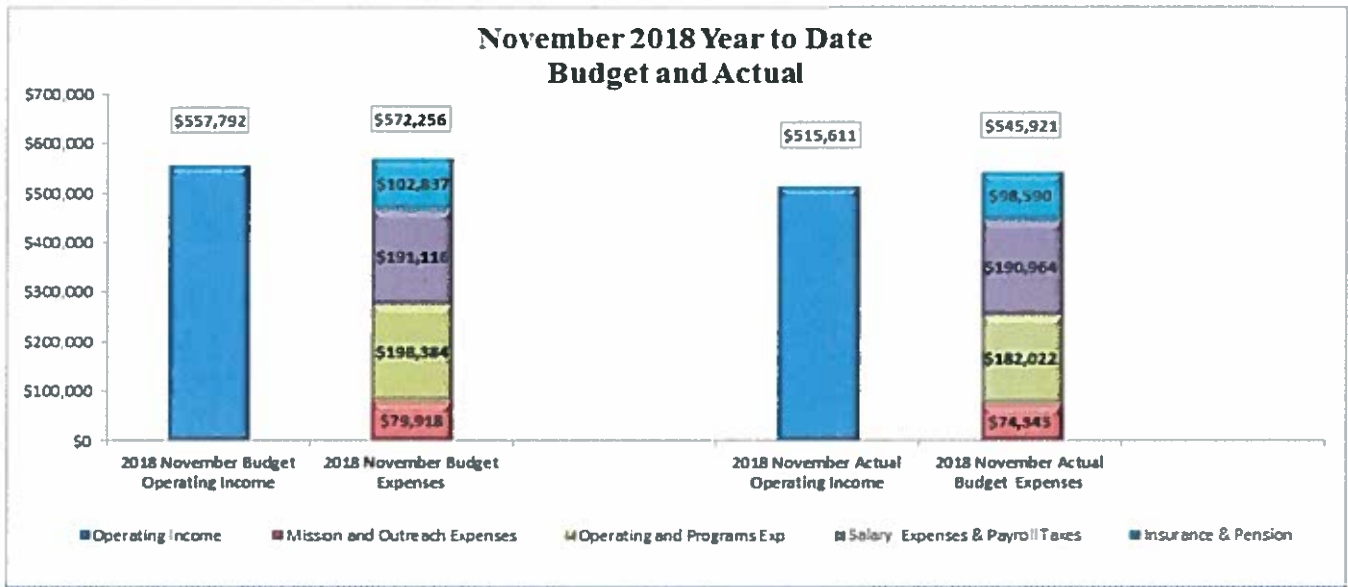
Prayers for healing: Jerry Winters, Beverly Rasbeary, Jane Storozyzyn, Eleanore Hilton, Victor Muse, Jonathan Elzie, Jeff Allain, Nancy Czejkowski, Chris Salvo, Nancy Hanchey, Rick Richard, Don Chavanne, Larry & Sue Parker, Gary Dimas & family (Ro Risa Reina Pierce, Mrs Ray Dimas, Chris Arnold) James Dellarossa, Libby Patterson, Ann Abernethy, Lanny Wallace, Mike LaFleur, Jackie & Bob Hellman, Chris, Bobby Phillips, Noni Haight, Melanie F. Koonce, Maxine & Elmer Lenz, Johnny Haas, Ben Ladner, Julie Hess, Liza Jackson, Melody Luff Hannon, Jeanne Meek, Paula Rogers, Doug Lindsay, Laura Fletcher Lindsay, Jane Myers, Debbie, Marcie, Allen Desormeaux, MaryAnn Kiser, Daniel Brownfield, Ginger Walker, Ron Futrell, Bob Theaux, Elaine Davison, Ed Chavanne, Jean Wagstaff, Lucas Merrill, Tabitha Rider, Randy Haight, Laura Miller Drews, James Hayes, Gordon McNutt, Bryan McKinley, Crawford Pernici, Daryl Harper, Laura Meche, Sheila Chisholm, Rosemary, Stephanie Lemoine, Holly Boudreaux, Ike Stanfield, Conner Gezell, Chris Clinkscales, Jack, Chrystal Butler, Bella Hahn, Cole Cormier, Adeline Jackson, Hannah Linowski, Fletcher Pierson, Dr. Charles Smith, Martha Schnauder, Lena Myers, Lois Bradley, Joy Smith, Ethel Coulter, Bobby.

Safe Pregnancy: Audra Martin Viehland, Elizabeth Haxthausen Reardon.

Our continuing prayers are offered for: Bel Painter, Chuck Lemoine, Gabby Saucier, Nancy Wyman, Nancy Draughn, Lindy George, Jean George, Caroline Hollins, Shirlene Clark, Buddy Leach, Ginger Tatum, Sylvia Seals, Josephine Thweatt, John Landry, Jenilyn Gibson, Patricia Luff Wood, Carolyn Earhart Whittington, Marjorie Dempsey, Deneen Draves, Caroline Hammett, Emily Judice, Everett, Patricia Reeves, Cliff DeRousselle, Jaxon Sellers, Bobby Thomas, Rocky Cormier, Charmaine Hufstedler, Riley Soder, Ollie Cavin and Katie Hoffman, David Crowe, Bob Kickel.

Traumatic brain injury: Luke Burnham, Jason Trahan, Ty Griffen, Damani James, Michael Barrett.

We pray for those serving in our armed forces: SPC Craig May US ARMY; Danasia London, NAVY; Chief Petty Officer Justin Phillips, NAVY, nephew of Margie Collins; SSGT John Dalgleish, US ARMY, son of Linda & Charles Dalgleish.



| Number of Members - 406 | November 2018 Year to Date Estimated | November 2018 Year to Date Actual |
|----------------------------------|--------------------------------------|-----------------------------------|
| Operating Income | \$557,791.74 | \$515,611.79 |
| Mission and Outreach Expenses | \$79,918.37 | \$74,345.26 |
| Operating and Programs' Expenses | \$198,384.26 | \$182,022.41 |
| Salary Expenses & Payroll Taxes | \$191,115.50 | \$190,963.50 |
| Insurance and Pension Expenses | \$102,837.42 | \$98,590.16 |
| Revenue | \$557,791.74 | \$615,611.19 |
| Expenses | \$572,255.55 | \$845,921.33 |
| | (\$14,463.81) | (\$30,310.14) |

Upcoming Maintenance Projects

- Replacement of Suppression hood system - kitchen
- Replacement of vent - kitchen ✓
- Roof and gutter repair and replacement - gym,

and nursery hall

- U-bolt replacement for the bell
- Interior church walls repair, plaster and paint
- Outreach house maintenance

Jr. Warden - Mason Lindsay

When Annette Tritico's mother, Anita Tritico, became ill eight years ago and needed full time care, Annette thought she was on top of the situation. "I was an RN," she said. "I thought I knew a lot."

It turned out she had much to learn. And she says the experience reinforced her lifelong passion to serve the elderly.

Annette will be sharing her knowledge at the Connecting Our Roots program on Tuesday, Jan 29. Registration will begin at 9:30 and the program will begin at 10 a.m.

Annette will cover medical levels of care from outpatient to inpatient, and will define and explain terms and programs. "There are so many choices," she said, and it's important to understand the differences between home health care, hospice, skilled nursing, inpatient and outpatient physical rehabilitation, long term acute care and private duty care."

Most people are faced with making a decision about these programs after a crisis occurs, she said, "Someone goes into the hospital, either for a planned surgery or a crisis, and people have to make a quick decision." Adding to the confusion, medical professionals may use acronyms when talking to families. "So the families are hearing about SNIF or LTAC, and they don't know what these mean," she said. "I want to help them decipher all this."

Another source of confusion comes in figuring out how to receive monetary coverage for different services. "Insurance companies and Medicare have criteria that people need to meet in order to qualify for help, and it's different for home health versus skilled nursing or inpatient/outpatient care," Tritico said. "We are going to go over some of that criteria."

Annette has been a registered nurse for 34 years and is a Clinical Liaison at Evangeline Home Health. She graduated from McNeese State University with a BS in Nursing, and became certified as a physician assistant while working at Methodist Hospital in Houston. She is a board member for the National Alliance for the Mentally Ill (NAMI), and serves on the board for the local Alzheimer's Organization.

She is the host of The Evangeline Health Care Hour, a radio show on health care topics that airs on KELB (100.5 FM) every Tuesday at noon. The show is also recorded and can be heard on www.kelbradio.com.

She also facilitates three support groups that provide training in care techniques and stress management and gives people the opportunity to share ideas with other caregivers. The groups meet on the second Monday of every month at noon at St. Theodore Catholic Church, the third Tuesday of the month at 5 p.m. at The Verandah, and the fourth Tuesday of the month at 5:30 p.m. at Brookdale Senior Living. To register for any of these sessions, call 337-474-2583.

The Good News
Church of the Good Shepherd
715 Kirkman St.
Lake Charles, Louisiana 70601

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Phone: 337-433-5244

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Email: church@goodshepherd-lc.com

Web: www.goodshepherd-lc.com

Bishop Noland Episcopal Day School collected groceries in November to be handed out at Faith and Friends Food Pantry.

